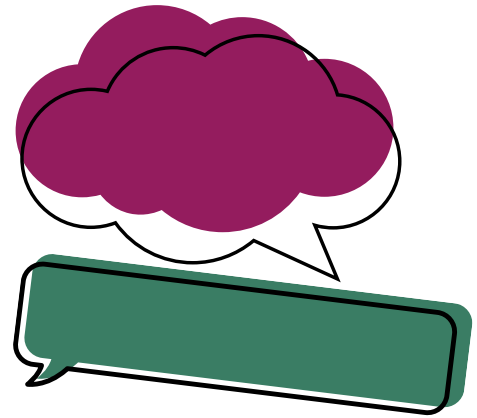


# YOUTH SERVICE

## You Said, We Did Ages 17-25



In 2022 Essex County Councils Public Health Team and Essex Youth Service worked with young people to further develop the Relationships and Sex Education (RSE) survey which ran in 2021 for 16-25 year olds. The survey reflects on the RSE that young people experienced at school and their awareness and experience of local sexual health services. This has helped us to understand the needs of young people in this age group and ensure that they are supported to have healthy relationships.

### You said...

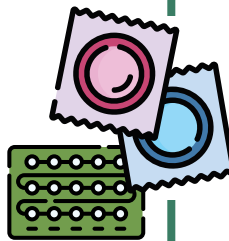
**You prefer to look online for information or access to services.**



### We did...

Essex Sexual Health Service is increasing their online social media presence and has developed an online portal for you to access key services including booking appointments. ✓

**You would most like to know more about; steps to take after unprotected sex, information on choices around pregnancy and how to access contraception.**



Awareness of how to access local services and the eC-Card has been raised in colleges and universities.

Essex Sexual Health Service website update bi monthly 'sexual know how's' on these topics and these will also feature on the new young persons website. ✓

**Some of you were not aware of the following: Online STI testing services, Essex Youth Services, eC-Card, Essex Sexual Health Services, Brook website.**



We are using your feedback to design a new Young Persons sexual health service website.

Essex Sexual Health Service has developed a new online portal for STI testing and looking at new ways to promote the eC-Card. ✓

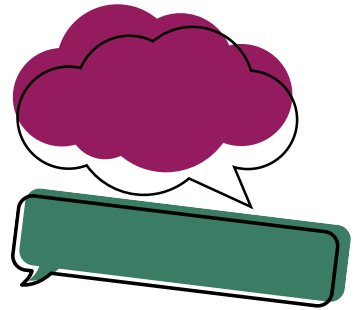
**You said that many of you feel most comfortable accessing contraception from pharmacy.**



More pharmacies have been eC-Card trained and sexual health clinics have been made more young person friendly. ✓

# You Said, We Did

## Ages 17-25



### You said...

You told us about a range of topics that you would like to know more about including; LGBTQ+ in RSE, mental health, body confidence, pressure around having sex, abortion awareness, periods, staying safe in public.



### We did...

The Essex Sexual Health Service website is being developed as a resource hub and we will keep updating it with information on these topics.

We have provided teaching staff with training around how to deliver LGBTQ+ inclusive RSE.

