

YOUTH SERVICE

You Said, We Did School years 7-9



In 2022 Essex County Councils Public Health Team and Essex Youth Service worked with young people to further develop the Relationships and Sex Education (RSE) survey which ran in 2021 for 16-25 year olds. The survey was developed to include age-appropriate questions for young people in school years 7-9 reflecting on the RSE that they experience at school and their awareness of local services. This has helped us to understand the needs of young people in this age group and ensure that they are able to access support, information and services enabling them to have healthy relationships.

You said...

You look to friends, family and school for information on RSE related topics.



We did...

We are in the process of delivering training to teachers to make sure they have the knowledge and skills to support you.

We are surveying parents to understand what information they may need to be able to best support you. ✓

You said that you would most like to know more about; healthy and respectful relationships, consent and the law.



We have developed a training offer for schools to make sure teachers have the knowledge and skills to teach these topics. ✓

59% of you were aware of the Essex Sexual Health Service website.



We are using your feedback to design a new Young Persons sexual health service website. ✓

You told us about a range of topics that you would like to know more about including; LGBTQ+ in RSE, mental health, body confidence, periods, staying safe in public.



The Essex Sexual Health Service website has developed a resource hub and we will keep updating it with information on these topics.

We have provided teaching staff with training around how to deliver LGBTQ+ inclusive RSE. ✓