

Bournes Green, LA Fitness, W-bound

Effective from 31 May 2026

4 North Shoebury - Southchurch - Southend



Bournes Green, LA Fitness

Southchurch, The White Horse PH

here

1

2

7

Bournes Green, Bournes Green Roundabout

Southend-on-Sea, Travel Centre

4A Landwick - North Shoebury - Southchurch - Southend



Bournes Green, LA Fitness

Southchurch, The White Horse PH

here

1

2

7

Bournes Green, Bournes Green Roundabout

Southend-on-Sea, Travel Centre

26 Shoeburyness - Southend - Leigh - Hadleigh



Bournes Green, LA Fitness

Southend-on-Sea, Travel Centre

Prittlewell, Southend Hospital South

Hadleigh, The Memorial

here

1

10

13

23

35

45

Bournes Green, Bournes Green Roundabout

Southend-on-Sea, Victoria Station Interchange

Leigh-on-Sea, Leigh Church

Monday to Friday

0940	26	1145	26	1250	26	1350	26	1455	26	a
1045	26									

Saturday

0940	26	1145	26	1250	26	1350	26	1455	26	a
1045	26									

Sunday

0920	4A	1120	4A	1410	4	1720	4A	1920	4A
1010	4	1320	4A	1520	4A	1810	4		

Notes:

a - Terminates at Travel Centre

Times shown in italics are approximate