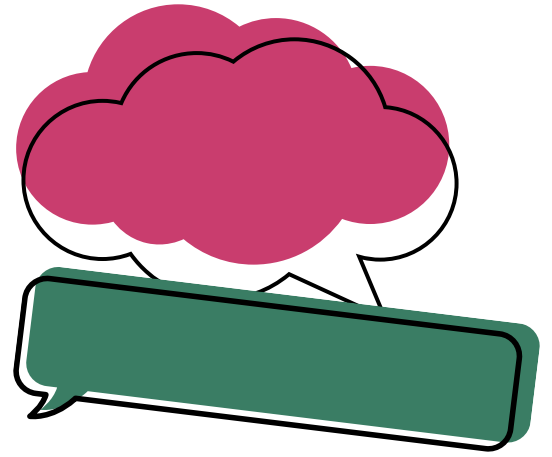


# YOUTH SERVICE

## You Said, We Did Young people



Between December 2022 and March 2023 Essex County Council Public Health surveyed young people (aged 11-18 years) in Essex. The purpose of the survey was to improve understanding of vaping among young people and the findings of the survey are now being used to support further work to reduce current usage and prevent uptake of vaping among children and young people in Essex.

We would like to say a big thank you to every young person who completed the survey and also to those who supported with the design of the survey questions.

The findings of the survey along with the findings of a separate survey undertaken with parents and carers can be found here

<https://data.essex.gov.uk/dataset/24qw8/essex-youth-vaping>



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### You said...

You look to schools and parents for information on vaping.



### We did... (and continue to)

Provide training sessions and resources for schools and parents.  
Ensure that teachers can help young people to access support to stop vaping.  
Share information on vaping with parents and carers.



Young people are not aware of the health risks that may be associated with youth vaping.



Work with young people to test messaging to help inform them of the potential health risks.



Vapes are promoted in a range of places and are easy to get hold of.

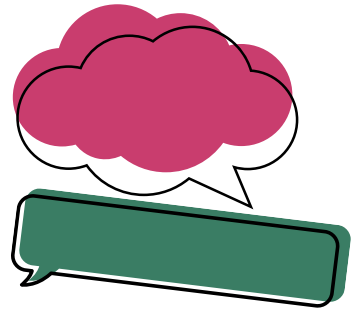


Essex Trading Standards is working hard to tackle underage sales of vapes by advising, warning and prosecuting offenders.



# You Said, We Did

## Young people



### Selling vapes to under 18's is illegal.

To report a shop for selling underage please contact Citizens Advice Consumer Service  
**0808 223 1133.**

## For more information on how to stop vaping

### Essex Wellbeing Service

[www.essexwellbeingsservice.co.uk/news/vaping-young-people-information-and-advice](http://www.essexwellbeingsservice.co.uk/news/vaping-young-people-information-and-advice)



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### Talk to Frank

honest information about drugs [www.talktofrank.com/drug/vapes](http://www.talktofrank.com/drug/vapes)



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